

ABSTRAK

MINAT MENGIKUTI KONSELING INDIVIDUAL

(Studi Deskriptif pada Siswa Kelas VIII SMP Negeri 2 Sleman Yogyakarta
Tahun Ajaran 2021/2022)

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Penelitian ini bertujuan untuk: (1) Mengetahui tingkat minat mengikuti konseling individual pada siswa kelas VIII di SMP Negeri 2 Sleman Yogyakarta Tahun Ajaran 2021/2022. (2) Mengidentifikasi item dengan skor paling rendah pada minat mengikuti konseling individual sebagai dasar penyusunan program layanan bimbingan dan konseling. (3) Menyusun rancangan program bimbingan sesuai dengan analisis skor item paling rendah pada minat mengikuti konseling individual.

Jenis penelitian ini adalah deskriptif kuantitatif. Populasi dari subjek penelitian ini berjumlah 192 siswa dan subjek penelitian merupakan siswa kelas VIII SMP Negeri 2 Sleman Yogyakarta Tahun Ajaran 2021/2022 yang berjumlah 72 siswa. Instrumen penelitian berupa google form yang digunakan untuk mengungkap minat mengikuti layanan konseling individual pada siswa. Koefisien reliabilitas pada penelitian ini sebesar 0,937. Pada kuesioner penelitian ini menggunakan kuesioner langsung tertutup. Pengelompokan data penelitian menggunakan model pengelompokan lima jenjang yaitu sangat tinggi, tinggi, sedang, rendah, sangat rendah.

Hasil penelitian menunjukkan bahwa: (1) terdapat 3 responden sebesar (4,2%) memiliki minat sangat tinggi terhadap layanan konseling individual, terdapat 29 responden sebesar (40,2%) memiliki minat tinggi terhadap layanan konseling individual, terdapat 37 responden sebesar (51,4%) memiliki minat sedang terhadap layanan konseling individual, terdapat 3 responden sebesar (4,2%) memiliki minat rendah terhadap konseling individual, dan tidak ada responden yang memiliki minat sangat rendah terhadap konseling individual. Dapat disimpulkan bahwa minat mengikuti layanan konseling individual pada siswa kelas VIII SMP Negeri 2 Sleman Yogyakarta Tahun Ajaran 2021/2022 termasuk pada kategori sedang. (2) Berdasarkan hasil analisis perolehan skor item rendah pada minat mengikuti layanan konseling individual, terdapat 2 item dengan skor paling rendah yang dijadikan sebagai dasar penyusunan program layanan bimbingan dan konseling. (3) penyusunan program bimbingan dan konseling berdasarkan analisis skor item paling rendah adalah melaksanakan program pemberian informasi sebagai penyuluhan pada siswa. Program dapat dimasukkan dalam RPL.

Kata Kunci: Minat, Konseling Individual.

ABSTRACT

INTEREST IN PARTICIPATING INDIVIDUAL COUNSELING

(A Descriptive Study on 8th Grade of SMP (Junior High School) Negeri 2 Sleman Yogyakarta Periode 2021/2022)

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This study aims to: (1) determine the level of interest in participating in individual counseling in class VIII students at SMP Negeri 2 Sleman Yogyakarta in the 2021/2022 academic year. (2) Identifying the item with the lowest score on the interest in participating in individual counseling as the basis for developing the guidance and counseling service program. (3) Develop a guidance and counseling program design in accordance with the analysis of the lowest item scores on the interest in individual counseling.

This type of research is descriptive quantitative. The population of the research subjects was 192 students and the research subjects were class VIII students of SMP Negeri 2 Sleman Yogyakarta in the 2021/2022 academic year totaling 72 students. The research instrument was a google form which was used to express interest in participating in individual counseling services for students. The reliability coefficient in this study was 0.937. In this research questionnaire, a closed direct questionnaire was used. The grouping of research data uses a five-level grouping model, namely very high, high, medium, low, very low.

The results showed that: (1) there were 3 respondents (4.2%) who had a very high interest in individual counseling services, there were 29 respondents (40.2%) who had a high interest in individual counseling services, there were 37 respondents of (40.2%) 51.4% have a moderate interest in individual counseling services, there are 3 respondents (4.2%) have a low interest in individual counseling, and there are no respondents who have very low interest in individual counseling. It can be concluded that the interest in participating in individual counseling services for class VIII students of SMP Negeri 2 Sleman Yogyakarta in the 2021/2022 academic year is in the medium category. (2) Based on the results of the analysis of low scores on the interest in participating in individual counseling services, there are 2 items with the lowest scores which are used as the basic program for making guidance and counseling services. (3) the preparation of the guidance and counseling program based on the analysis of the lowest item score is implementing a program of providing information as counseling to students. Programs can be included in the RPL.

Key Words: Interest, Individual Counseling.